

## COVID-19 Update – September 2, 2022

The Government of Ontario is dropping the mandatory five-day isolation period for people who test positive for COVID-19. Ontario's Chief Medical Officer of Health, Dr. Kieran Moore, has announced the pandemic has moved out of a "crisis phase" and become something that will require long-term management. Dr. Moore says the virus "remains in the community".

Here are Ontario's new isolation guidelines, which will apply to other illnesses and not only COVID-19, and will apply at all Canadore campuses:

- If you have symptoms of any respiratory illness, stay home until symptoms have improved, waiting another 24 hours prior to returning to campus;
- If you have a fever, stay home until it is gone completely, waiting another 24 hours prior to returning to campus;
- If you have gastrointestinal symptoms, stay home until symptoms have improved, waiting another 48 hours prior to returning to campus;
- After isolating at home, wear a mask in public for 10 days from the onset of symptoms;
- If sick, avoid non-essential visits to vulnerable or older people for a full 10 days starting the day after symptoms appear – including visits to high-risk settings (long-term care homes and hospitals);
- If you live with someone who is sick or has tested positive for COVID-19, wear a mask in public areas and on campus, even if you feel well, for 10 days after exposure; and
- Isolate immediately if you develop symptoms.

### Masks on campus

Canadore College continues to follow the guidance of local and provincial health authorities, and our mask mandate remains paused. The College continues to provide free masks for those who wish to wear them. Canadore's Respectful College Community Policy applies to all members of the College community, and we promote a supportive and inclusive working and learning environment. We ask that employees and students respect individuals' preferences to wear a mask.

Canadore strongly encourages our campus community to wear a mask when indoors, or when in close proximity to others.

**If you are sick with any illness, living with someone who is sick, or you test positive for COVID-19, isolate and wear a mask. Stay home if you are sick. Individuals returning to campus after an illness must wear a mask for up to 10 days from the onset of symptoms.**

Masks will be provided at no charge to anyone who requires a mask while on campus. These masks are available at all front line service areas and the welcome center, and will be provided to individual department areas.

Canadore encourages everyone to complete a COVID-19 self-assessment to confirm you are not experiencing ANY COVID-19 symptoms and if isolation is required. The self-assessment tool can be accessed via the Government of Ontario COVID-19 response page at <https://covid-19.ontario.ca/self-assessment/>.

**Vaccinations on campus**

Canadore College endorses vaccinations, and encourages our college community to get vaccinated; however, they are not mandatory.

For more information about vaccines and boosters, visit <https://covid-19.ontario.ca/getting-covid-19-vaccine#booster-doses>.

The College will provide vaccine clinics later in the fall, and inform the college community about clinic dates when that information becomes available.

**Enhanced Cleaning and Disinfecting – Washing and Sanitizing Hands**

- Canadore College follows the directives of local and provincial public health authorities, and will continue its cleaning and sanitizing protocols.
- Washing and sanitizing your hands is one of the most important things you can do to protect yourself and others.
- The College encourages our community to use the hand sanitizing stations frequently and practice proper hand hygiene and continue to cough or sneeze into your sleeve.

**Three simple steps to stay healthy this fall**

1. Continue to wear a mask when it is right for you.
2. Be up to date with all vaccinations.
3. Stay home if you're sick.

If you have any questions or require further clarification please do not hesitate to reach out.